Newsletter

March 2018



By L. Kalkoske

# MARY NUNN

Many of you may know Mary Nunn and many may or may not know that Mary passed away suddenly and unexpectedly in December 2017. She loved horses and especially Arabians. She was an AiM member for many years, supporting Endurance rides and mentoring young people in the sport of Endurance. Mary along with her best friend Anna were an integral part of many Pacific Northwest Endurance Rides, from start to finish, they managed to make it all look so easy. Mary will be greatly missed in the Arabian world as well as the Endurance world.

# **UPCOMING REGION 4 EVENTS**

March 17, 2018 – Eagle Mountain Ranch Dressage ODS II, Region 4 qualifier, www.eaglemtnranch.com

June 29, 2018 – Arabian Sporthorse Salute, Donida Farms, Auburn Wa., Region 4 qualifier

June 30- July 1, 2018 - Region 4 Offsite Sporthorse Championships, Donida Farms, Auburn Wa.

July 28-29 2018 – AiM Sporthorse Classic, Rolling Rock Farms, Sherwood Or, Region 4 and Sport Horse Nationals Qualifier

For more information you can go to arabiansinmotion.org

### AERC sanctioned rides

April 7, 2018 – Owyhee Tough Sucker, Oreana Idaho, Teeter Ranch

April 28, 2018 – Eagle Canyon, Eagle Idaho

May 4-5, 2018 – Still Prineville Ride, Central Oregon

May 11-12, 2018 – Owyhee River Challenge & CTR, Adrian Oregon

For more information you can go to aerc.org

## EDRA sanctioned rides

**April 21, 2018** – Grizzly Mountain, Crooked River National Grasslands, Test Your Mettle and Ride and Tie events as well

For more information you can go to equinedistanceriding.com

## **COMPETIVE TRAIL RIDING**

Competitive Trail Riding competitions are based on a horse and rider team and you are judge before during and after, over the course of a marked trail. Horses are judged on how quickly their heart rate drops and other metabolic measurements. Horses who show the highest level of physical fitness win.

This competition is similar to Endurance riding except that if you go slower or faster than what is determined the best time then you are penalized. This sport can be a great way to learn more about your horse and build a better human/horse bond.

More information about Competitive Trail Riding can be found at thespruce.com.

Please also note there will be a CTR held at Owyhee River Challenge. Also, most endurance rides hold introductory trail rides in conjunction with the sanctioned event.

#### Test Your Mettle

This is a relay race with two or more horse/rider teams. It follows a marked course and after a set number of miles you tag the next horse/rider team and they complete their set number of miles. This race can be up to 100 miles total, so each horse/rider teams accomplishes 50 total miles.

For more information please go to equinedistanceriding.com and on the home page it has a link to learn more about the Mettle Relays.

### **RIDE AND TIE**

The sport of Ride&Tie combines trail running, endurance riding, and most of all, strategy. The objective is to get all three team members (two humans and one horse) across a 20-100 mile cross-country course by alternating riding and running. One team member starts out running, the other starts on the horse and rides down the trail as far as they think their partner can run (or walk) and still keep up a decent pace. At that strategic point the rider stops, dismounts, ties the horse to a tree or fence post, and continues down the trail on foot. The team member who started on foot gets to the horse, unties it, mounts, and rides to catch their partner up ahead. When they get to their running team member they can either stop and exchange (which is called a "flying tie"), or ride further up the trail and tie the horse and then continue running. When, where, and how a team exchanges is up to them, and this is where the strategy lies. Every trail runner has their strengths and weaknesses, and the same is true for horses. Factor all this, along with weather conditions and the topography of the course, and you can understand why Ride & Tie is as much mental as physical.

For more information please go to rideandtie.org

#### **IN CONCLUSION**

This newsletter is a new production for AiM. It is just to help disseminate information to those of us who like to enjoy our Arabians. To also potentially introduce you and your horse to other fun sports that you and your horse can work towards together. If you have anything you would like to see in the newsletter or other events you would like put out to our public please contact myself, Libby Kalkoske via facebook or rideahorsegrl@gmail.com.

Thank you for reading!